

Course Titles	1	2	3	4	5	6	7	8	Training Level
	Health Safety	Phys Intel	Social Emo	Family	Prog Oper	Prof	Obs Rec	Grow Dev	
<i>Abuse and Neglect (5 hrs.)</i>	5								PP
<i>Active or Hyperactive? (30 hrs.)</i>			25					5	SP
<i>ADHD (10 hrs.)</i>			10						SP
<i>After-School Programs (8 hrs.)</i>	8								SP
<i>Art of Child Care (20 hrs.)</i>		6	9			5			SP
<i>Biting Hurts! (2 hrs.)</i>			1				1		PP
<i>Caring for Children in Your Home (20 hrs.)</i>	8				7	5			PP
<i>Child Care Administration (20 hrs.)</i>					20				SP
<i>Child Development and Guidance (20 hrs.)</i>		5	6		6			3	PP
<i>Children with Special Needs: Autism Spectrum (16 hrs.)</i>		3	3		4		4	2	SP
<i>Children with Special Needs: Physical Disabilities (8 hrs.)</i>		4			4				SP
<i>Children's Challenging Behaviors (10 hrs.)</i>			10						SP
<i>Conferencing with Parents (5 hrs.)</i>				5					SP
<i>Creating Schedules and Routines (4 hrs.)</i>					4				PP
<i>Cultural Diversity in Early Childhood Programs (6 hrs.)</i>			4			2			SP
<i>Day by Day with Toddlers (15 hrs.)</i>	2	6	3		4				SP
<i>Discipline and Child Care (20 hrs.)</i>			14				4	2	SP
<i>Early Childhood Professional, The (16 hrs.)</i>					6	10			SP
<i>Early Childhood Stress (5 hrs.)</i>			5						SP
<i>Facilitating Staff Skill Development (14 hrs.)</i>					14				SP
<i>Family Diversity (6 hrs.)</i>				6					SP
<i>First Steps in Child Care: An Orientation (3 hrs.)</i>				1		2			PP
<i>Friendly Environments, Safe Environments (6 hrs.)</i>	6								SP

### Iowa Content Areas

1. Planning a safe, healthy environment to invite learning
2. Steps to advance children's physical and intellectual development
3. Positive ways to support children's social and emotional development
4. Strategies to establish productive relationships with families
5. Strategies to encourage an effective program operation
6. Maintaining a commitment to professionalism
7. Observing and recording children's behavior
8. Principles of child growth and development

### Training Level

PP = Progressing Professional  
 SP = Skilled Professional

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<i>Fun and Fitness: Addressing Childhood Obesity (2 hrs.)</i>	1	1							SP
<i>Great Beginnings (8 hrs.)</i>	3	2	2					1	PP
<i>Great Days with Kids (5 hrs.)</i>					5				PP
<i>Hiring the Best (10 hrs.)</i>					10				SP
<i>Imagination at Play (6 hrs.)</i>		3	3						PP
<i>Improving Staff Performance (10 hrs.)</i>					10				SP
<i>Inclusive Early Childhood Programs (12 hrs.)</i>		1	1	1	5	4			SP
<i>Infants in Child Care (20 hrs.)</i>	6	4	4					6	SP
<i>A Joyful Life of Caregiving (1 hr.)</i>					1				PP
<i>Keeping Infants Safe (3 hrs.)</i>	3								PP
<i>Language Development in Infants (8 hrs.)</i>		8							PP
<i>Learning Centers (10 hrs.)</i>	2	8							SP
<i>Let's Play Outdoors (10 hrs.)</i>					10				SP
<i>The Magic of Play (12 hrs.)</i>	2	3	3		4				SP
<i>Making Learning Fun (20 hrs.)</i>		20							SP
<i>Managing Health and Safety (12 hrs.)</i>	10				2				SP
<i>Many Ways to Learn (12 hrs.)</i>	2	10							SP
<i>Mixed-Age Groups (3 hrs.)</i>					3				SP
<i>Nurturing Children's Self-Esteem (20 hrs.)</i>			20						SP
<i>Observing, Recording, and Assessing...(10 hrs.)</i>							10		SP
<i>Parents and Child Care (20 hrs.)</i>				15	5				SP
<i>Partnerships with Parents (10 hrs.)</i>				10					SP
<i>Preschoolers in Child Care (20 hrs.)</i>	4	4	4					8	SP
<i>Preventing Child Abuse and Helping Its Victims (5 hrs.)</i>	5								SP
<i>Principles of Child Development (10 hrs.)</i>								10	SP
<i>The Road to Reading (12 hrs.)</i>		12							PP

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<i>Safe Baby, Safe Child (5 hrs.)</i>	5								PP
<i>Sanitation for Disease Prevention (5 hrs.)</i>	5								SP
<i>School-Age Children: Spatial Intelligence (4 hrs.)</i>		4							SP
<i>Social-Emotional Development in Young Children (3 hrs)</i>			3						SP
<i>Stress and Day Care (25 hrs.)</i>			10	5		10			SP
<i>Sun Safety (2 hrs.)</i>	2								PP
<i>Supporting Breastfeeding in Child Care (2 hrs.)</i>				1		1			PP
<i>Toddlers in Child Care (20 hrs.)</i>	4	4	4					8	SP
<i>Toilet Learning (2 hrs.)</i>		2							PP
<i>Transitions and Other Troublesome Times (6 hrs.)</i>					6				SP
<i>Transportation Safety (2 hrs.)</i>	2								SP
<i>Understanding Children (20 hrs.)</i>		8	4		2			6	PP
<i>Understanding Each Other (9 hrs.)</i>				5		4			SP
<i>Witnesses to Violence (6 hrs.)</i>			6						SP
<i>Workplace Environment (14 hrs.)</i>					14				SP

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